

## SUSAN MIKOLIC, R. N.

*President of Stepping Stones  
Speaker • Consultant/Coach • Author*

### Releasing the **LEARNING POTENTIAL** of students with emotional challenges.

*Our Most Popular Presentations Include:*

#### Maximizing Energy in the Classroom

**It's All About the Energy: School Success for Children with Emotional Challenges.** Find out why these children behave differently, the impact of their illness on their energy, and how to help them maximize their energy in the classroom. *(Keynote 45 minutes to 1 hr.; 2-3 hrs.)*

#### Releasing the **LEARNING POTENTIAL** of students with emotional challenges.

**Proven strategies that help children succeed in school & life.** Walk away with specific goal setting, teaching and communication strategies you can apply immediately in the classroom. *(1.5 - 3 hours)*

#### A Walk in Their Shoes

**Simulations of typical school scenarios unsupported & supported.** Experience what it feels like to be in class as a student with mental illness and how the right supports improve the outcomes. *(1 hour)*

#### Solving Real Problems

**Case Studies: Problems with Solutions.** Bring your individual cases along and receive advice and important strategies for solving your problems. *(1.5 - 2 hours)*

#### From Surviving to Thriving

**Thrive, Don't Just Survive: The 10 Step Energy Thrival Plan.** Stop the suffering! Transform your life into peace and joy. Walk away with your own personal plan for bringing energy, balanced living and peace into every day. *(2.5 - 4 hours; Keynote 45 minutes-1 hour)*



Stepping  
Stones™

**TO BOOK A DATE CONTACT US AT:**  
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SUSAN MIKOLIC is a nurse and a mother of two children diagnosed with mental disorders. She has spent a good part of her life learning about mental illness, advocating for her children, and working with schools and government agencies to help her children succeed.

Since 2001, when Sue started her business, Stepping Stones, she has been sharing her inspirational story with audiences of how she and her family went from illness to recovery to living life to its fullest. Her passion is helping children succeed in school.

Sue's workshops and presentations teach educators and families about the effects of emotional challenges on children, their education, and their life. Well-defined tools and strategies link teachers with students in a way that they can work together for student success.

### REPLACE CONFUSION AND FRUSTRATION WITH KNOWLEDGE AND TOOLS!

- ★ *"Sue's message is invaluable, her presentation professional and riveting. Each attendee is enlightened and touched by her personal experience. Her presentation is commensurate with other greats like Mel Levine and Ed Hallowell."*

Margie M. Golub R.N. Chair Emeritus O.P.E.N.  
Solon City Schools

- ★ *"Thank you for one of the best workshops I have ever attended! It is very rare that one presenter can hold a group from 9am - 3pm without having them feel that perhaps a half day format would have been enough... at 3 o'clock it was far from feeling that we/you were done!"*

Arleeta Lerner, M.S., Educational Consultant  
Student Resource Coordinator  
Hebrew Day School, Silver Spring, Md. 20902

- ★ *"Sharing your family's story enhanced my sensitivity to children with mental illness and their families in a way that I hope never to forget."*

Joanna Carper  
MEO-SERRC