

PRESS RELEASE

FOR IMMEDIATE RELEASE

MOTHER AND SON OFFER OPEN DIALOGUE: A JOURNEY THROUGH MENTAL ILLNESS

Eastlake, OH 4/3/06. Stepping Stones will offer an Open Dialogue with Susan Mikolic, R.N., and President of Stepping Stones and son, Matt, diagnosed with mental illness at age 8. This event is free and open to the public.

Register by e-mail: michelle@steppingstonesmentalhealth.com, or call 440-725-7124. Make your reservation today! Space is limited.

Wednesday, April 26, 2006
7:00 – 8:30pm
Rocky River Middle School
1631 Lakeview Ave.
Rocky River, OH 44116
Note: This session will be taped.

Over the years of providing workshops and consultation regarding childhood mental illness and school success, Susan Mikolic has consistently seen that what the community has found most valuable is the fact that she offers not only clinical expertise, but that she has lived this journey, 24/7, for more than 13 years. As her son began to share his story via video, speaking engagements, & public testimony, the response was overwhelming. Folks wanted to hear more from him. They wanted the chance to meet him, ask him questions, hear more from a young person who has struggled with mental illness all his life and is now doing so well.

Because there never seems to be enough time at presentations to answer all the questions this new dialogue format is being introduced. Come join Matt and Susan for an evening of dialogue. The entire session will be devoted to answering your questions. This is your opportunity to ask both of them questions about their journey, their challenges and successes, school issues, treatment issues, their suggestions on how to achieve academic

success, what to do when your child is suicidal, and any other funny or heart-wrenching issue you would like to discuss.

Stepping Stones offers workshops, seminars, and annual contracts to educators and families nationwide. Susan Mikolic is highly active as an advocate for childhood mental illness and education issues. She has served on the NAMI Ohio Board of Directors representing pediatric mental health issues and spearheaded the current Ohio Department of Education/Ohio Department of Mental Health's collaborative initiative to require pediatric mental health and school success coursework in the preservice curriculum requirements of teachers.

For more information, contact Susan Mikolic at 216/513-6098 or email: info@steppingstonesmentalhealth.com

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